

You should have a piece of material – cut out in a circle, or a square that needs to be cut (mainly for the older children). A packet of lavender and a small pipe cleaner.

1. Cut out your circle of material and place upside down in front of you.
2. Take out the lavender and place in the middle of the circle of material.
3. Gather the sides out and either use a small elastic band or the pipe cleaner to seal it as shown in the picture below.
4. If you are really good you can sew up the top. Or tie with string, or wool etc
5. Keep in one of your clothes drawers to keep things smelling nice or put near your pillow at night to help you sleep
6. Or give it as a little gift to someone. Just like the lady in the story did when she gave her special perfume to Jesus, by pouring it over him. Don't do this with the lavender!!

